The Reflective Teacher

Below you will find a list of 30 Questions Teachers should be regularly asking themselves to ensure they’re classroom is as focused on learning as they would like it to be.

**Modeling Reflection – Questions to Ask With Students**

1. Was this activity successful….why or why not?

2. If we do this again, what can I do differently to help you learn more?

3. Did this activity help you learn more than others we’ve done? Why?

**Classroom Culture – Questions to Ask About Your Rules & Relationships**

4. Are the relationships that I have with my students helping or hindering their ability to learn?

5. Could the problems I have in my classroom be solved by pre-teaching my expectations or developing rules/procedures to deal with these issues?

6. Was my demeanor and attitude towards my class today effective for student learning?

7. Am I excited to go to work today?

8. Are my students excited to come to my class today? (How much does #6 impact #7?)

9. What choices have I given my students lately?

10. Can I explain at least *SOMETHING* about each of my student’s personal lives?

**Curriculum and Instruction – Reflection on Assessment and Grading Practices**

11. Does my gradebook accurately reflect student learning?

12. Do my assessments really reflect learning, or merely task completion or memorization skills?

13. Why did I REALLY choose this particular lesson to cover this objective?

14. What evidence do I have my students are learning?

15. What new strategies have I tried lately that might benefit a student I am struggling with?

16. In what ways am I challenging students who are clearly being successful in my classroom?

17. What do I do when students aren’t learning in my classroom?

18. Which students benefited from this activity?

19. Which students did not benefit from this activity?

**Collaboration – Questions to Ask Ourselves About Our Place in a Professional Learning Community**

20. In what areas can I still improve professionally?

21. What’s stopping me from improving in these areas?

22. In what ways can I support my colleagues in their student’s learning?

23. Do my actions as a teacher show my belief that all students can learn at a high level?

24. Do my actions as a teacher show that I take pride in my work?

25. Are the relationships I have with my colleagues conducive to creating a collaborative culture focused on learning?

26. Are the relationships I have with my student’s parents conducive to improving learning?

**Mental Health – Questions to Help Teachers Maintain a Healthy Outlook**

27. What new ideas have I tried in my classroom lately to keep myself energized about teaching?

28. What have I done lately to relieve stress and focus on my own mental health, to ensure I remain an effective teacher?

29. What things am I currently doing that I could realistically make less of a priority in my profession?

30. How much time have I spent with my friends and family in the last two weeks?